



Lungs Aloud

Do you struggle with
breathlessness?

Would you like to make your
breathing easier?

Would you like to improve
your quality of life in a fun
way?

Interested? Contact Maureen
Smith on 01252 409360 or
Maureen.be@virginmedia.com
for further information

Come along to a new
friendly, informal **singing**
group for those who
have chronic respiratory
issues*.

From: Wednesday 4th June 2014

When: 1st & 3rd Wednesday
each month

Time: 2pm—4pm

Where: Mayfield Community
Centre, Farnborough,
GU14 8TX

* For patients registered with a GP Practice in Yateley, Farnborough, Aldershot, Farnham & Fleet.